



Port Alberni Friendship Center Programs

February, 2025

**PAFC Groups
And Events**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p><u>Elders Social</u> PAFC Family Room 9:00am-11:00am</p>	<p>4</p> <p><u>Income Assistance Outreach</u> PAFC Meeting Room 1:00pm-3:00pm</p> <p><u>Strengthening Tomorrow Parenting Program</u> 12:30pm to 2pm</p>	<p>5</p> <p><u>Drop In Counselling</u> 12:30pm-3:00pm</p> <p><u>CAIS Sewing Group</u> PAFC GYM 1:00pm-3:00pm</p> <p><u>Ready Set Grow</u> By Registration Only</p> 	<p>6</p> <p><u>Family Gatherings Dinner</u> <u>CAIS Dinner</u> PAFC Gym 4:00pm-6:00pm</p>	<p>7</p>
<p>10</p> <p><u>Elders Social</u> PAFC Family Room 9:00am-11:00am</p> 	<p>11</p> <p><u>Income Assistance Outreach</u> PAFC Meeting Room 1:00pm-3:00pm</p> <p><u>Strengthening Tomorrow Parenting Program</u> 12:30pm to 2pm</p>	<p>12</p> <p><u>Drop In Counselling</u> 12:30pm-3:00pm</p> <p><u>CAIS Sewing Group</u> PAFC GYM 1:00pm-3:00pm</p> <p><u>Ready Set Grow</u> By Registration Only</p>	<p>13</p> <p><u>Youth Drop-In</u> PAFC Gym 5:00-8:00pm</p> 	<p>14</p>
<p>17</p> <p><u>Elders Social</u> PAFC Family Room 9:00am-11:00am</p>	<p>18</p> <p><u>Income Assistance Outreach</u> PAFC Meeting Room 1:00pm-3:00pm</p> <p><u>Strengthening Tomorrow Parenting Program</u> 12:30pm to 2pm</p>	<p>19</p> <p><u>Drop In Counselling</u> 12:30pm-3:00pm</p> <p><u>CAIS Sewing Group</u> PAFC GYM 1:00pm-3:00pm</p> <p><u>Ready Set Grow</u> By Registration Only</p>	<p>20</p> <p><u>Youth Drop-In</u> PAFC Gym 5:00-8:00pm</p> 	<p>21</p>
<p>24</p> <p><u>Elders Social</u> PAFC Family Room 9:00am-11:00am</p> <p><u>Elders Luncheon</u> PAFC Gym 12:00pm-3:00pm</p>	<p>25</p> <p><u>Income Assistance Outreach</u> PAFC Meeting Room 1:00pm-3:00pm</p> <p><u>Treasure Our Young Ones Open House</u> 4:00pm-6:00pm</p>	<p>26</p> <p><u>Drop In Counselling</u> 12:30pm-3:00pm</p> <p><u>CAIS Sewing Group</u> PAFC GYM 1:00pm-3:00pm</p> <p><u>Ready Set Grow</u> By Registration Only</p>	<p>27</p> <p><u>Youth Drop-In</u> PAFC Gym 5:00-8:00pm</p> 	<p>28</p>



Elders Social
Biweekly gathering to have a light snack prepared by PAFC staff and to connect with other Elders.

Drop In Play/ Parenting Group
A peer facilitated program which focuses on the parent as the expert

Drop In Mental Health and Substance Use Counselling

Elders Luncheon
Monthly gathering to have lunch prepped by PAFC staff and connect with other Elders

Income Assistance Outreach
Laurie from MSDPR will be at the PAFC to assist and answer any questions.

Family Gatherings Dinner
Join friends and family to enjoy a dinner provided by the PAFC. Staff

Ready Set Grow for Youth
by Registration

Steps to Success III
By Registration